Do not forget about collecting your earn and learn stickers from Woolworths Supermarket.

**Who can collect Woolworths Earn & Learn Stickers and how long can they be collected for?**
Anyone who shops at Woolworths from Wednesday 15th July 2015 until Tuesday 8th September 2015 can collect Woolworths Earn & Learn Stickers.
Wednesday 29 July - YCDI mini reward session

Friday 31 July - Gymnastics Years 2 and 3 12pm-1.15pm
Year 4/5 and 5/6 1.15pm-2.30pm
Pie Drive orders and money are DUE BACK TODAY

August
Friday 7 August - Gathering K and Year 4/5
Gymnastics K, K/1 and Year 1 1pm-2pm

Tuesday 11 August - Pick up Pie Orders from school hall 12noon - 4pm

Friday 14 August - YCDI reward session

Week 9 Dental Clinic and Swim School
Week 10 Swim School

Clothing Pool

! WANTED!
If you have any unwanted/unused uniforms please donate them to the Clothing Pool.

Confidence

Accepting Myself is a habit of the mind vital to the development of emotional well-being. An example of Accepting Myself is: just because a student may get a bad mark or in trouble, that does not define who they are. They are not a naughty person or someone who is not smart. It is important to teach students that they are made up of many positive characteristics and have strengths in many areas.

Accepting Myself ... leads to confidence

Good for Kids good for life

5 TIPS FOR SCREEN TIME AT HOME

Are you having trouble getting your child off technology or watching television?
Try some of these ideas to reduce the amount of screen time your child has each day:

- Go screen free for weekdays
- Try technology free Tuesdays
- Try imagination Wednesdays
- Restrict times when your child has access such as “no screen time before dinner”
- Provide seven ½ hour vouchers on a Friday afternoon to last for the week. When your child watches the television or has other screen time e.g. computer, video games etc. they hand a voucher back. This limits the child to 3.5 hours of screen time during the week.

Source: Marnoojiba Local Health District
PHONE 4924 6499